

Earl Haig

Parent School Council

Tuesday, February 7, 2017
Cafeteria – 7:00PM

Earl Haig Parent School Council Presents:
Information Night on Mental Health
A g e n d a

1. Welcome and Introductions
2. Principal's Update
3. Student Update
4. Special Guest Speakers
 - **Holly Thomson** - YMCA Substance Abuse - *Substance Abuse - Cause, Cost, Treatment & Prevention*
 - **Tanja Thani** - Toronto Distress Centre - *Suicide prevention and mental health support from Distress Centres*
 - **Gayla Forer** - Breakaway Addiction Services - *Types of Addiction, Treatment, Prevention and Long Process of Recovery*
5. Next Meeting Date: Tuesday, April 4th, 7:30 p.m. "I Get No Respect!" - Strategies for better communication and respect.
6. Adjournment

All Parents and Guardians are Welcome to Attend